

## Annual Girl Force/Boy Force Event Held

Written by Debbie Gregory  
Tuesday, April 2, 2013

---



The Annual Girl Force/Boy Force event was held one day last week for all Macon County 5th grade students to nurture a healthier generation of boys and girls.

The Girl Force activities were conducted at Lafayette Elementary School and the boys at the National Guard Armory.

“This day was for all 5th grade students in the county,” said Coordinator Jackie Sircy. “Larry Holland provided the transportation from all schools including Red Boiling Springs, Westside and Lafayette Elementary.”

“Below is a list of the adults that helped with the day and we also used students from both high schools, RBS and MCHS as mentors,” added the Jackie.

Girls: These people are the adults that helped with the physical activity part of the day: Tonya Wells, Sherry Swoner, Teresa Rush, Torrie Marsh, Kristen Hix.

Classroom Activity: Stacey Brawner & Janet Skelton, Nutrition; Melissa Ross, Sugary Drinks; Tara Wix, Body Image.

Boys: These people are the adults that helped with the physical activity part of the day: Nathan Wilson, Matt Dyer, Jason Hudson.

## Annual Girl Force/Boy Force Event Held

Written by Debbie Gregory  
Tuesday, April 2, 2013

---

Classroom Activity: Justin Wezet, Nutrition; Zack Hollis, Smoking; Chase Greenhalgh, Making Good Choices.

“We want the kids to understand that good health is the foundation of happiness, and everyone doesn’t have to look like a model,” said Sircy. “We can make changes in our culture to protect boys and girls’ self esteem and promote healthy lifestyle habits.”

(All photos by D. Gregory)