

RBS Folk Medicine Festival This Saturday

Written by Debbie Gregory
Wednesday, May 29, 2013



With school out and summer events beginning, you don't want to miss the Folk Medicine Festival this Saturday, June 1, in downtown Red Boiling Springs.

The warm weather extravaganza, which celebrates the restorative power of nature, kicks off at 9:00 a.m. with local artists and craftspeople, food vendors and all kinds of entertainment. The festival will feature several knowledgeable speakers including Jeff Poppen, the Barefoot Farmer, who will speak at 9:15 a.m. and again at 1:15 p.m. Ila Hatter, the Lady of the Forest, will speak at 10:15 a.m. Julie and Rex Clement will tell their story beginning at 11:15 a.m. Gaye Smart will speak at 2:15 p.m. Paul and Coree Entwistle will begin stretching your knowledge of Yoga at 3:15 p.m. Paul Entwistle will speak again at 4:15 p.m. and Bryan Blackburn, Leaning Tree Farm, will conclude the day of learning at 5:15 p.m.

Activities will include the Red Boiling Springs Fire Department Outhouse Race, Arts and Crafts Market and the Log Cabin Village demonstration will also back. A quilt show has been added this year and don't miss the Palace Entertainment Stage, the Children's Zone and the antique tractor display.

Vision 20/20 revived the popular Folk Medicine Festival last year after a decade absence, to lift the community's spirit and economy.

According to the organization, the goal of the revived festival is to pass on knowledge, skills, and traditions that ensure the survival of folk activities, from: old-time medicine and natural healing arts, to arts and crafts that demonstrate the traditional, handmade way of not only creating art but useful household items. Vision 20/20 also says that they see the Folk Medicine Festival as an opportunity to encourage creative expression and foster a sense of community.

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So, put on your tennis shoes, load up the family and head to Red Boiling Springs to enjoy a fun-filled Saturday at the Folk Medicine Festival.